

**“Truly Blessed”
Psalm 1**

The Psalms is one of the most loved books in the Bible. The Hebrews sang from the book of Psalms as they entered their place of worship. Perhaps, Jesus and the disciples sang from the Psalms after sharing the Passover feast. [Matthew 26:30](#)

The key word in the Psalm is the word “**Blessed**”. It serves here as a pronouncement upon a man, but a certain kind of man. In essence, the psalm is teaching that the blessed or happy man is a righteous man.

Psalm 1:1 "**Blessed [is] the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.**"

The word “**blessed**” means “**happy**” or “**inward joy is theirs**” [Matthew. 5:3-12](#), [Deuteronomy. 27:11 – 28:6](#)

Blessed, in the verse above, is not speaking of a single blessing, but of walking in blessings from God. To be blessed of God means that we are walking in the salvation that Jesus purchased for us with His precious blood. [Galatians 2:20](#)

Notice the progression here. At first, he is walking, then he is standing, then last he is sitting. This shows that we must not fellowship with those of unbelief.

“**walketh not in the counsel of the ungodly**” refers to those who refuse to have any involvement with those who practice wickedness and give advice that encourages people to live evil lives without concern for righteousness or obedience to God [Proverbs. 4:14](#), [2 Corinthians 6:14-17](#)

Psalm 1:2 "**But his delight [is] in the law of the LORD; and in his law doth he meditate day and night.**"

“His delight ... in the law”: spiritually “**happy**” [Psalm 37:4-6](#)

We find then that we are not only to read the Bible, but to think strongly about what it is saying to us. When we think upon God's Word, the Holy Spirit will teach us of the hidden things of the Word. The more we meditate, the more we know. We will never be able to learn it all, but we can learn more each time we study and think on God's Word. [2 Timothy 2:15](#)

Psalm 1:3 "**And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.**"

“**Like a tree**”: The Hebrew word suggests the attributes of strength, stability, and endurance which literally means “**transplanted**”. Trees do not plant themselves; Salvation is God's marvelous work of grace [Isaiah. 61:3](#); [Matthew. 15:13](#), [Jeremiah. 17:8](#)

Those who are deeply “**planted**” in God's Word may not be wealthy, but they will be fruitful in God's work, which is true prosperity [Psalm 92:12-14](#).

This nourishment of the Word of God will make this Christian very strong in the spirit, and will make him or her to be fruit bearers. Christianity is contagious, if you have a good dose yourself, you will give it to others around you as well. You will become a fruit producer. [Matthew 13:23](#)

In the Scripture above, the leaf that shall not wither. This means that it is evergreen. The evergreen symbolizes everlasting life. This person has everlasting life. The prosperity mentioned above is in the soul. [3 John 1:2](#)

Psalm 1:4 "**The ungodly [are] not so: but [are] like the chaff which the wind driveth away.**"

The ungodly live around the godly in this world, but at harvest time there is a separation. [Matthew 25:33](#)

Psalm 1:5 "**Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.**"

To “stand in the judgment” of God is a desired outcome here, a symbol of divine approval. “Congregation of the righteous” refers to God’s people, those whose faith is reflected by their delight in God’s Word (1:2), and who live according to it. In the day of judgment, the wicked will not be left standing with those who love God and strive to obey Him; they will be separated and sentenced to eternal punishment. [Revelation 20:14](#)

Psalm 1:6 "For the LORD knoweth the way of the righteous: but the way of the ungodly shall perish."

“The Lord knoweth”: This is far more than recognition; the Lord “knows” everything there is to know about us. [Matthew. 7:23](#); [2 Timothy. 2:19](#)

“The way of”: It refers to one’s total course of life, i.e., lifestyle. [Deuteronomy. 30:19](#); [Jeremiah. 21:8](#); [Matthew. 7:13-14](#).

“Shall perish”: One day the wicked person’s way will end in ruin; a new order is coming and it will be a righteous order. So, Psalm 1 begins with the “blessed” and ends with those who “perish” [Psalms 9:5-6](#); [112:10](#)