

**Question: "What is a resolution? A firm decision with the intent to do or not to do something.**

As Christians, all of us would say that we want to change so that we will be more like Christ. And yet, when it comes right down to it, change is hard. [Romans. 12:1](#)

Until one has experienced that kind of change of salvation and total commitment of your life to God you cannot experience the change of sanctification, or growth in godliness. [John3:3](#)

Often people want to change because they're unhappy with life and they want to be happy. That's understandable, but the danger is that they just want out of the misery, but they don't want to surrender to the lordship of Christ. [Galatians 1:4-5](#), [2 Corinthians. 4:3-4](#), [Ephesians. 2:2](#)

The right motive for wanting to change is that you have experienced God's abundant mercy in Christ. desire to please the God who rescued you from judgment, you want your life to bring glory to Him. [Romans. 5:8](#)

- Paul gives a negative command and then a positive one:

Don't be conformed to this evil age, which is passing away. [2 Peter. 3:13](#)

At its core, not being conformed to this evil age is a matter of how we think. "Conformity to this age is to be wrapped up in the things that are temporal, to have all our thought oriented to that which is seen and temporal [2 Corinthians 4:18](#),

To think christianly is to accept all things with the mind as the redeemed and chosen child of God." [Philippians 2:5](#)

- Be transformed by renewing your mind so that you prove in practice God's good, acceptable, and perfect will.

Note three things:

**A. THE PROCESS OF TRANSFORMATION IS A LIFELONG WORK OF GOD FOR WHICH YOU ARE RESPONSIBLE.** [1 Timothy. 4:7](#), [2 Timothy. 2:15](#),

Generally, the process of change can be a lifelong battle where the saved person has to learn to depend on the Lord daily. At first there are usually many setbacks, but we should learn from our failures. [Galatians. 5:16-23](#)

**B. THE MEANS OF TRANSFORMATION IS THE RENEWING OF OUR MINDS.**

We act as we think. All sin and all obedience begin in the mind. So the key to overcoming sin and to growing in godliness is to change the way you think.

For example, if you think daily about the fact that God is with you and that He knows your every thought, word, and deed, it would have a profound effect on your behavior. [Matthew 9:4](#)

**C. THE RESULT OF TRANSFORMATION IS THAT YOU WILL PROVE WHAT IS GOD'S GOOD, ACCEPTABLE, AND PERFECT WILL.**

"'Approving' the will of God means to understand and agree with what God wants of us with a view to putting it into practice."

**GOD'S WILL IS GOOD, ACCEPTABLE, AND PERFECT.**

Acceptable primarily means, "acceptable or pleasing to God." [John 8:29](#)

Perfect refers to God's absolute moral perfection, which we will never attain to perfectly in this life. But the word also means "mature" or "complete." [1 John 3:2](#)